



SoulPancake: Chew on Life's Big Questions

Rainn Wilson, Devon Gundry, Golriz Lucina, Shabnam Mogharabi

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CAUTION: To all the world's thinkers, artists, poets, and misfits: *SoulPancake* is a movement to chew on Life's Big Questions. Side effects may include change in the way you think about what it means to be human. Don't say we didn't warn you. Somewhere over the course of history, chewing on Life's Big Questions lost its cool factor. Fortunately for mankind, Rainn Wilson (best known for playing Dwight Schrute on NBC's *The Office*) and a bunch of his friends are on a mission to change that. CAN MEN AND WOMEN REALLY BE "JUST FRIENDS? IF YOU ONLY HAD ONE HOUR LEFT TO LIVE, HOW WOULD YOU SPEND IT? WHAT PARALYZES YOUR CREATIVITY? WHAT FUELS IT? Based on the wildly successful website SoulPancake.com, this book urges you to explore philosophy, creativity, spirituality, love, truth, science, and so much more. With bold questions, intriguing challenges, and mind-bending art, *SoulPancake* creates a space for you to stimulate your brain stem, spark your soul, and figure out what it means to be human. CRAMMED INSIDE:

- A revealing Introduction by Rainn Wilson
- 180 Life's Big Questions (the ones that gnaw at your innards)
- Visual masterpieces from 90+ artists
- Unusual activities that launch you into the world
- Exclusive commentary from the fascinating minds of: Amy Sedaris, David Lynch, Heather Armstrong (Dooce.com), Dr. Drew, Jesse Dylan, Justin Vernon (Bon Iver), Harold Ramis, Josh Ritter, and Saul Williams.

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From reader reviews:

Ivory Hughes:

A lot of people always spent all their free time to vacation or perhaps go to the outside with them family members or their friend. Were you aware? Many a lot of people spent they will free time just watching TV, or playing video games all day long. If you want to try to find a new activity that's look different you can read some sort of book. It is really fun to suit your needs. If you enjoy the book that you simply read you can spent the entire day to reading a book. The book SoulPancake: Chew on Life's Big Questions it doesn't matter what good to read. There are a lot of individuals who recommended this book. They were enjoying reading this book. If you did not have enough space bringing this book you can buy the particular e-book. You can m0ore simply to read this book from the smart phone. The price is not too costly but this book provides high quality.

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