



Somebody Should Have Told Us! Simple Truths for Living Well

Jack Pransky

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If what you seek is a better, more joyous way of being, the principles for living you will find within these pages will change your life. Jack Pransky, Ph.D. has authored a number of books on health and prevention, in 2004 he received the Vermont Prevention Pioneer's Award. 6 x 9 soft cover - 184 pages

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