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Ask Barbara

Barbara De Angelis



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America's popular love guru and the #1 New York Times bestselling author of *Real Moments*, Are You the One for Me?, and Secrets About Men Every Woman Should Know provides powerful, practical, and provocative answers to the most frequently asked questions about love, sex, and relationships in this must-have handbook.

There is no one quite like Barbara De Angelis. For over a decade she has transformed the lives of millions of people around the world through her bestselling books, award-winning television program, and sold-out seminars. Men and women everywhere know they can ask her *anything* about their intimate problems and relationships and obtain electrifying insights that reflect Barbara's trademark synthesis of clarity and wisdom, humor and compassion. Now *Ask Barbara* spotlights the hottest topics in human relationships as Barbara De Angelis presents the 100 most-asked questions about love, sex, and relationships--and the answers everyone will be talking about.

Organized by category, topics include:

Love and intimacy Sex and physical affection Compatibility Commitment Conflict Cheating and infidelity Breaking up Starting over

Ask Barbara is destined to be *the* relationship bible--essential reading for anyone who has ever been in love, is in love now, or hopes to be again.

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