



# Women Who Hurt Themselves: A Book Of Hope And Understanding

*Ed.D. Dusty Miller*

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Many books have described victims of rape and battering, but scant attention has been paid to another form of harm increasingly common among women. Here at last is a book that provides help for the thousands of women who secretly inflict violence on themselves. Filled with moving stories, this powerful and compassionate book is the first to focus on women who harm themselves through self-mutilation, compulsive cosmetic surgeries, eating disorders, and other forms of chronic injury to the body.

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