



Solution Focused Therapy: A Handbook for Health Care Professionals

Dave Hawkes, Trevor I. Marsh, Ron Wilgosh

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For those new to the therapy, it contains all the key information to give them a sound overview and introduction to the approach. "How-to-do" advice is a central theme of the book, making it easy for a wide range of professionals to adapt it to their specialist area. It is also an excellent resource for students with limited reading time as it gives comprehensive coverage of research and underlying philosophy as well as comparisons with more traditional psychotherapeutic models.

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