



In the Shadow of the Shaman: Connecting with Self, Nature & Spirit (Llewellyn's New World Spirituality)

Amber Wolfe

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Blending ancient shamanistic wisdom with modern spiritual traditions, Amber Wolfe helps readers forge their own personal connection to shamanic worlds. This guide to shamanism—filled with examples of guided journeys, secrets of shamanic divination, visualization techniques, healing practices, spells, rituals, and recipes—provides all one needs to begin dancing in the shadow of the shaman.

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