



Handbook of Contemporary Psychotherapy: Toward an Improved Understanding of Effective Psychotherapy

William O'Donohue, Steven R. Graybar

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Handbook of Contemporary Psychotherapy explores a wide range of constructs not captured in the DSM or traditional research but that play important roles in psychotherapy cases. To provide readers with a tool bag of practical techniques they can use in these cases, editors William O'Donohue and Steven R. Graybar present chapters written by leading clinical authorities on such topics as the process of change in psychotherapy, attachment and terror management, projective identification, terminating psychotherapy therapeutically, shame and its many ramifications for clients, dream work, boundaries, forgiveness, the repressed and recovered memory debate, and many others.

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