



# Recovering Agency: Lifting the Veil of Mormon Mind Control

*Luna Lindsey*

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In 2012, Mormon General Authority Marlin K. Jensen acknowledged that members are leaving the Church of Jesus Christ of Latter-day Saints "in droves." Access to the internet is often credited and blamed for this mass exodus, where members learn about problematic doctrines and cover-ups of LDS history.

Many are happy as Mormons. And many are not. Those who leave, and those doubters who stay, face struggles that few others can understand. Much of this suffering is caused by manipulative and controlling techniques pervasive throughout LDS doctrines and culture. Understanding these techniques will help recovering Mormons overcome the effects of belonging to a high-demand group.

As a former Mormon, Luna Lindsey experienced this coercive persuasion firsthand. Recovering Agency presents years of research into social psychology and the science of cult dynamics, to describe 31 mind control techniques, alongside examples of their use in Mormon scripture, lessons, and from the pulpit.

Even if you have never been Mormon, chances are that coercive influence techniques have been used to manipulate you at some point. Turn the pages and learn the answers to longstanding questions about this unique American religion and about the human mind.

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Playing with family in the park, coming to see the coastal world or hanging out with friends is thing that usually you will have done when you have spare time, and then why you don't try issue that really opposite from that. A single activity that make you not sensation tired but still relaxing, trilling like on roller coaster you already been ride on and with addition info. Even you love Recovering Agency: Lifting the Veil of Mormon Mind Control, you could enjoy both. It is very good combination right, you still would like to miss it? What kind of hang type is it? Oh seriously its mind hangout fellas. What? Still don't understand it, oh come on its referred to as reading friends.

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