

Sweet Deception: Why Splenda, NutraSweet, and the FDA May Be Hazardous to Your Health

Dr. Joseph Mercola

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Most people believe that sucralose (Splenda) is a perfectly safe artificial sweetener. Big business and the FDA have fostered that dangerous misconception. The truth is Splenda is by no means safe; and the same is true for many of the other artificial sweeteners being marketed today. Dr. Joseph Mercola---supported by extensive studies and research---exposes the fact that Splenda actually contributes to a host of serious diseases. Sweet Deception will lay out how the FDA really works for big food companies and should not be trusted when it comes to your health.



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