



# **Childhood and Adolescent Overweight: The Health Professional's Guide to Identification, Treatment and Prevention**

*Mary Catherine Mullen, Jodie Shield*

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This brand-new professional publication provides in-depth and comprehensive coverage of issues surrounding obesity, such as genetics, and environmental, cultural and socioeconomic conditions. The various methods of diagnosis, prevention and treatment of this epidemic are covered using case studies, growth charts and various assessment tools. Strategies for family involvement and listings of current resources such as school, government and community-based programs help to make this a desirable resource to a wide spectrum of health-care professionals.

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