



Finding your Way After Your Parent Dies

Richard B. Gilbert

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Rev. Richard Gilbert has created a compassionate guide for those struggling with the loss of a parent. Bringing many years of experience in bereavement counseling, Gilbert sketches out some of the issues that arise in the wake of a parent's death and offers practical suggestions for navigating these difficulties. From the disorientation that can come immediately after death to relating to the surviving parent to healing old emotional wounds, the topics dealt with here will be of tremendous help to many.

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