



The Essential Guide to Hysterectomy: Advice from a Gynecologist on Your Choices Before, During, and After Surgery

Lauren F. Streicher

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In this new, updated version of the groundbreaking book, gynecologist and leading women's health expert Dr. Lauren Streicher—who in a direct, clear, and often humorous way—reveals the following: What your doctor isn't telling you; robotic hysterectomy and why it is becoming so popular; new nonsurgical ways to control heavy bleeding; the latest on hormone therapy, including bioidentical hormones; how to decrease your risk of uterine or ovarian cancer without removing your uterus or ovaries; new methods for treating fibroids; and a comprehensive guide to websites and resources.

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