



# Over 60 Techniques, Activities & Worksheets for Challenging Children & Adolescents

*Susan Epstein LCSW*

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Over the past 30 years we have seen a rise in explosive, challenging and resistant behaviors in children and adolescents. What use to work with difficult kids may not be working for professionals and parents alike. A new approach is needed that is tailored to the individual need and is directive, creative—and FUN.

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