



# I Don't Want To Be Crazy

*Samantha Schutz*

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## **I Don't Want To Be Crazy** Samantha Schutz

A harrowing, remarkable poetry memoir about one girl's struggle with anxiety disorder.

This is a true story of growing up, breaking down, and coming to grips with a psychological disorder. When Samantha Schutz first left home for college, she was excited by the possibilities -- freedom from parents, freedom from a boyfriend who was reckless with her affections, freedom from the person she was supposed to be. At first, she revelled in the independence ... but as pressures increased, she began to suffer anxiety attacks that would leave her mentally shaken and physically incapacitated. Thus began a hard road of discovery and coping, powerfully rendered in this poetry memoir.

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