



101 Things I Wish I Knew When I Got Married: Simple Lessons to Make Love Last

Linda Bloom, Charlie Bloom

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With the current divorce rate spiking at a dizzying sixty percent, it is clear that young couples are not being taught the skills needed to navigate through the conflicts and difficulties of being in a committed relationship. Charlie and Linda Bloom, psychotherapists with fifty-five years of combined experience in relationship counseling, are acutely aware of this. For the last fifteen years the Blooms have been leading seminars on improving life relationships through their organization, The Empowerment Network. They've helped thousands of couples improve their most cherished relationships.

Each lesson is presented as a simple, one-line thought followed by an explanation using real life examples, from Charlie and Linda's personal experiences and the experiences of other couples. The Blooms share a wealth of experience with their readers. They demonstrate the universality of relationship issues and how anyone can find ways out of the pain that can engulf a relationship. By working through these ordeals, couples will enrich their relationships. The book makes it clear that, regardless of past experience, anyone can develop the basic strengths, skills and capacities needed for a great relationship.

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