

## Winning the NFL Way: Leadership Lessons From Football's Top Head Coaches

Bob LaMonte, Robert L. Shook

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Meet Mike Holmgren, Jon Gruden, John Fox, Andy Reid, and Mike Sherman -- top NFL head coaches whose careers rest on their ability to lead other men to win in the fiercely competitive world of professional football.

Being an NFL coach is the ultimate high-pressure job. The average life span of a coach is two and a half years, so there is an enormous amount of pressure and scrutiny, from demanding owners, millions of fickle fans, and unyielding media. Every Sunday he makes split-second decisions that will not only decide the fate of a game but also his team's season and, ultimately, his own job.

In an extraordinary collaboration with Bob LaMonte, each of these five coaches shares their leadership principles in Winning the NFL Way. Having spent thousands of hours with these men, LaMonte understands their quirks, superstitions, philosophies, and work ethics. He takes you behind the scenes, where you'll be a fly on the wall in team meetings, on the sidelines, and in the locker room as Holmgren, Gruden, Fox, Reid, and Sherman reveal how to win beyond the X's and O's. You'll find how to pick and choose the right people for an organization. How to communicate with different personalities. How to be an effective disciplinarian. How to develop a vision and execute it. How coaches build trust in their people and win loyalty, overcome adversity, and adapt to change. All while being a person of integrity and high character.

Through their colorful and motivational anecdotes, you'll gain unprecedented insights into the minds of some of the best coaches today and valuable lessons on what it means to be a leader and a champion.



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Spent a free time for you to be fun activity to try and do! A lot of people spent their spare time with their family, or all their friends. Usually they accomplishing activity like watching television, gonna beach, or picnic in the park. They actually doing same task every week. Do you feel it? Do you need to something different to fill your personal free time/ holiday? Could be reading a book could be option to fill your cost-free time/ holiday. The first thing you ask may be what kinds of reserve that you should read. If you want to attempt look for book, may be the publication untitled Winning the NFL Way: Leadership Lessons From Football's Top Head Coaches can be fine book to read. May be it may be best activity to you.

#### **Charles Moreno:**

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#### **Duane Vega:**

Precisely why? Because this Winning the NFL Way: Leadership Lessons From Football's Top Head Coaches is an unordinary book that the inside of the reserve waiting for you to snap the item but latter it will surprise you with the secret the idea inside. Reading this book alongside it was fantastic author who also write the book in such incredible way makes the content interior easier to understand, entertaining means but still convey the meaning thoroughly. So , it is good for you for not hesitating having this anymore or you going to regret it. This amazing book will give you a lot of gains than the other book include such as help improving your proficiency and your critical thinking technique. So , still want to hesitate having that book? If I have been you I will go to the e-book store hurriedly.

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