



Integrity: The Courage to Meet the Demands of Reality

Henry Cloud

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Integrity—more than simple honesty, it's the key to success. A person with integrity has the ability to pull everything together, to make it all happen no matter how challenging the circumstances. Drawing on experiences from his work, Dr. Henry Cloud, a clinical psychologist, leadership coach, corporate consultant and nationally syndicated radio host, shows how our character can keep us from achieving all we want to (or could) be.

In *Integrity*, Dr. Cloud explores the six qualities of character that define integrity, and how people with integrity:

- Are able to connect with others and build trust
- Are oriented toward reality
- Finish well
- Embrace the negative
- Are oriented toward increase
- Have an understanding of the transcendent

Integrity is not something that you either have or don't, but instead is an exciting growth path that all of us can engage in and enjoy.

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