



The Boy's Body Book: Everything You Need to Know for Growing Up YOU (Boys World Books)

Kelli Dunham

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As boys reach adolescence, everything changes: their bodies, their feelings, and their relationships. Their world turns shaky just when they find it hardest to talk with the adults in their lives. But even if they won't say what's on their mind, they still want straight answers. The Boy's Body Book provides them, in a readable, reassuring, and illustrated guide. It covers a boy's every concern: hygiene, exercise, teachers, peer pressure, sex, and siblings. He'll learn about what's going on physically (vocal changes, body hair) and how to handle academic pressures, deal with out-of-control feelings, make new friends, and stay safe through it all.

This invaluable manual is modeled after the blockbuster American Girl® title, The Care and Keeping of You. Boys haven't had their equivalent and parents, teachers, and booksellers have been demanding one. Here it is...and every boy should own it.

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Thomas Smith:

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