



Sleep Medicine in Clinical Practice

Michael H. Silber, Lois E. Krahn, Timothy I. Morgenthaler

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Co-authored by a neurologist, a psychiatrist, and a pulmonologist, *Sleep Medicine in Clinical Practice* reflects the cross-disciplinary nature in the clinical management of sleep disorders. The authors present an overview of sleep medicine including the physiological basis of sleep, diagnostic tools and possible therapeutic strategies, emphasizing throughout the role of the clinician in diagnosing and managing disease.

A practical reference for the busy physician, *Sleep Medicine in Clinical Practice* includes chapters on the assessment and diagnosis of sleep disorders, conditions such as narcolepsy and sleep apnea, the management of insomnia and a selection on co-existent neurologic conditions such as epilepsy and dementia. It will be of interest to sleep medicine specialists and trainees as well as neurologists, pulmonologists, psychiatrists and internists.

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