



# **Beat Sugar Addiction Now!: The Cutting-Edge Program That Cures Your Type of Sugar Addiction and Puts You on the Road to Feeling Great - and Losing Weight!**

*Jacob Teitelbaum, Chrystle Fiedler*

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The No-Fail Plan to Beating Sugar Addiction!

With one-third of our calories coming from sugar and white flour added to processed foods, sugar addiction is a rapidly growing epidemic. However, unlike other addictions, going “cold turkey” won’t fix it. In this groundbreaking book, nationally recognized physician Dr. Jacob Teitelbaum uncovers four types of sugar addiction and gives a step-by-step plan for resolving their underlying causes, breaking sugar cravings forever, and achieving dramatically improved health and energy levels—while also making it easier to lose weight!

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**From reader reviews:**

**Mary Torres:**

The book with title Beat Sugar Addiction Now!: The Cutting-Edge Program That Cures Your Type of Sugar Addiction and Puts You on the Road to Feeling Great - and Losing Weight! possesses a lot of information that you can understand it. You can get a lot of help after read this book. This particular book exist new knowledge the information that exist in this book represented the condition of the world at this point. That is important to yo7u to understand how the improvement of the world. That book will bring you with new era of the the positive effect. You can read the e-book on your own smart phone, so you can read it anywhere you want.

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