

# To Shine A Light: A Guide to Recovery from Satanic Ritual Abuse

Suzanne Violetta

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To Shine a Light is the first-person account of one woman's experiences as a victim of satanic ritual abuse. Her harrowing journey from victim to survivor to therapist is, at times, difficult to read. However, her honest account of her experiences faithfully documents her personal road to recovery. She also offers invaluable advice to other victims as well as the therapists who want to treat them. Violetta unmasks the mystery surrounding this type of abuse and the trauma that accompanies it by describing the causes and effects of ritual abuse, what to look for in a patient who may be a victim, and how to treat the client.





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